

# Rilke Clubs

## Before and After School Program

\*The price is to attend that day every week for the Semester\*

Monday

Time	Club Name	Grades	Price	Location	Max	Run by
7:00am-7:45am	Smart Start	All	\$85.00	Gym	15	Rilke Teacher- Herr Helgesen
3:15pm-4:30pm	Session 1	All	\$85.00	Rms:101, 109	45	Rilke Teachers- Herr Helgesen, TBD, TBD
	ORFF	5-6	\$85.00	130	15	Rilke Teacher Herr Downie <i>*Begins September 7<sup>th</sup>*</i> <b>**Must sign up for Monday and Wednesday session**</b>
	KAY	3-5	\$120.00	106	10	Kidding Around Yoga
	Rhythm & Movement	K	\$300.00	Gym	8	Beatriz Lavagnino Ballet
	M.S. Drama	6-8	\$100.00	132	12	Theatrical Adventures <b>**Must sign up for Monday and Wednesday session**</b>
	Wu Tan Kung Fu	K-4	\$150.00	M.S. Common Area	18	Wu Tan Kung Fu and Tai Chi Institute – Sifu Walle
4:30pm-5:30pm	Session 2	All	\$85.00	Outside	45	Rilke Teachers- Herr Helgesen, TBD
	KAY	6-8	\$120.00	106	10	Kidding Around Yoga
	Puppet Theater	1-2	\$100.00	132	12	Theatrical Adventures <b>**Must sign up for Monday and Wednesday session**</b>

\*The club list and prices are subject to change due to instructor availability, minimum enrollment requirements, and room availability\*

Tuesday

Time	Club Name	Grades	Price	Location	Max	Run by
7:00am - 7:45am	Smart Start	All	\$85.00	Gym	15	Rilke Teacher- Herr Helgesen
7:15am - 8:00am	ORFF	7-8	\$85.00	130	15	Rilke Teacher Herr Downie <i>*Begins September 7<sup>th</sup>*</i> <b>**Must sign up for Tuesday and Thursday session**</b>
3:15pm - 4:30pm	Session 1	All	\$85.00	Rms:101, 109	45	Rilke Teachers- Herr Helgesen, TBD, TBD
	Band	5-8	\$100.00	129A	25	Frau Hilde <b>**Must sign up for Tuesday and Thursday session**</b>
	Reading Club	3-4	\$85.00	207	20	Rilke Teacher - Frau Robertson
	Intro to Theater	3-5	\$100.00	132	12	Theatrical Adventures <b>**Must sign up for Tuesday and Thursday session**</b>
	KAY	K	\$120.00	106	10	Kidding Around Yoga
	Kinderlieder	K-2	\$120.00	201	10	Rilke Teacher – Frau Ringgenberg
	West Coast Swing	5-8	\$160	M.S. Common Area	16	Dance 2 Music
	Travel Club is temporarily postponed due to COVID-19					
4:30pm - 5:30pm	Session 2	All	\$85.00	Outside	45	Rilke Teachers- Herr Helgesen, TBD
	Puppet Theater	K	\$100.00	132	12	Theatrical Adventures <b>**Must sign up for Tuesday and Thursday session**</b>
	KAY	1-2	\$120.00	106	10	Kidding Around Yoga
	American Sign Language	All	\$160	201	25	ASL Concepts

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Wednesday

Time	Club Name	Grades	Price	Location	Max	Run by
7:00am-7:45am	Smart Start	All	\$85.00	Gym	15	Rilke Teacher- Herr Helgesen
7:15am-8:00 am	ORFF	5-6	\$85.00	130	20	Rilke Teacher- Herr Downie <b>*Begins September 7<sup>th</sup>*</b> <b>**Must sign up for Monday and Wednesday session**</b>
3:15pm-4:00pm	Violin - Advanced	1-8	\$170.00	130	8	Miriah May Music (Ends at 4:00pm) <b>*Contact Frau Phelps for Placement &amp; Enrollment code*</b> <a href="mailto:miriahmaymusic@gmail.com">miriahmaymusic@gmail.com</a>
3:15pm-4:30pm	Session 1	All	\$85.00	Rms: 101, 109	60	Rilke Teachers- Herr Helgesen, TBD, TBD
	Ballet	1-4	\$300.00	GYM	8	Beatriz Lavagnino Ballet
	Art Club	3-8	\$120.00	207	15	Rilke Teacher - Frau Robertson
	M.S. Drama	6-8	\$100.00	132	12	Theatrical Adventures <b>**Must sign up for Monday and Wednesday session**</b>
	Wu Tan Kung Fu	K-4	\$150.00	M.S. Common Area	18	Wu Tan Kung Fu and Tai Chi Institute – Sifu Walle
3:15pm-5pm	Girl Scouts - Brownies	Troop 1132	\$150.00	106	15	Register with Girl Scouts <b>*Only Troop 1132 members can register, to join the troop please enroll on the Girl Scout website*</b>
4:30pm-5:30pm	Session 2	All	\$ 85.00	Outside	45	Rilke Teachers- Herr Helgesen, TBD
	Puppet Theater	1-2	\$100.00	132	12	Theatrical Adventures <b>**Must sign up for Monday and Wednesday session**</b>
	Orchestra	1-8	\$170.00	130	8	Miriah May Music (Ends at 5:15pm) <b>*Contact Frau Phelps for Approval &amp; Enrollment code*</b> <a href="mailto:miriahmaymusic@gmail.com">miriahmaymusic@gmail.com</a>

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Thursday						
Time	Club Name	Grades	Price	Location	Max	Run by
7:00am-7:45am	Smart Start	All	\$85.00	Gym	15	Rilke Teacher- Herr Helgesen
7:15am-8:00 am	ORFF	7-8	\$85.00	130	15	Rilke Teacher Herr Downie *Begins September 7 <sup>th</sup> * **Must sign up for Tuesday and Thursday session**
3:15pm-4:30pm	Session 1	All	\$85.00	Rms:101, 109	45	Rilke Teachers- Herr Helgesen, TBD, TBD
	Reading Club	5-6	\$85.00	207	20	Rilke Teacher - Frau Robertson
	Band	5-8	\$100.00	129A	25	Frau Hilde **Must sign up for Tuesday and Thursday session**
	Intro to Theater	3-5	\$100.00	132	12	Theatrical Adventures **Must sign up for Tuesday and Thursday session**
	Wu Tan Kung Fu	5-8	\$150.00	M.S. Common Area	18	Wu Tan Kung Fu and Tai Chi Institute – Sifu Walle
	Urban Bachata	5-8	\$160	TBD	16	Dance 2 Music
	Chess Club	2-8	\$100.00	201	18	Rilke Teacher – Frau Ringgenberg
	KAY	K	\$120.00	106	10	Kidding Around Yoga
4:30pm-5:30pm	Session 2	All	\$85.00	Outside	45	Rilke Teachers- Herr Helgesen, Frau Sudkamp, & Frau Robertson
	Puppet Theater	K	\$100.00	132	12	Theatrical Adventures **Must sign up for Tuesday and Thursday session**
	KAY	1-2	\$120.00	106	10	Kidding Around Yoga

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Friday

Time	Club Name	Grades	Price	Location	Max	Run by
7:00am-7:45am	Smart Start	All	\$85.00	Gym	15	Rilke Teacher- Herr Helgesen
2:15pm-3:15pm	Fun Friday	All	\$85.00	Gym/ Outside	75	German Interns & Rilke Clubs Staff ( <b>Limited to 75 students</b> )
	Drama: Behind the Scenes	4-8	\$100.00	132	12	Theatrical Adventures
	Wu Tan Kung Fu	K-4	\$150.00	M.S. Common Area	18	Wu Tan Kung Fu and Tai Chi Institute – Sifu Walle
	Into the Woods	K-5	\$200	Outside	15	Into the Woods LLC
	Rhythm & Movement	K	\$300.00	129A	12	Beatriz Lavagnino Ballet
2:15pm-3:00pm	Violin - Beginner	1-8	\$170.00	130	8	Miriah May Music ( <b>Ends at 3:00pm</b> ) <b>*Contact Frau Phelps for Placement &amp; Enrollment code*</b> <a href="mailto:miriahmaymusic@gmail.com">miriahmaymusic@gmail.com</a>
3:15pm-4:00pm	Violin - Intermediate	1-8	\$170.00	130	8	Miriah May Music ( <b>Ends at 4:00pm</b> ) <b>*Contact Frau Phelps for Placement &amp; Enrollment code*</b> <a href="mailto:miriahmaymusic@gmail.com">miriahmaymusic@gmail.com</a>
3:15pm-4:30pm	Session 1	All	\$85.00	Rms:101 , 109	45	Rilke Teachers- Herr Helgesen, TBD, TBD
	Into the Woods	K-5	\$200	Outside	15	Into the Woods LLC
	KAY	3-5	\$120.00	106	10	Kidding Around Yoga
	Ballet	1-4	\$300.00	Gym	8	Beatriz Lavagnino Ballet
4:30pm-5:30pm	Session 2	All	\$85.00	Outside	45	Rilke Teachers- Herr Helgesen, TBD
	Into the Woods	K-5	\$200	Outside	15	Into the Woods LLC
	KAY	6-8	\$120.00	106	10	Kidding Around Yoga

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# After School Activities Descriptions

**\*Clubs are non-refundable after September 25th with the exception of clubs offered by Rilke Clubs\***

1. After school Program - Session 1 – Is offered by Rilke Clubs through various Rilke Schule Teachers. During this time students will have the opportunity to complete their homework with the help of a teacher and/or engage in other academic activities. Students will be group by adjoining grade levels.
2. After school Program - Session 2- Is offered by Rilke Clubs through various Rilke Schule Teachers. During this time students will have the opportunity to get exercise, play cooperatively with students in various grades, learn or practice seasonally appropriate outdoor games.
3. After school Program - Session 3- Is offered by Rilke Clubs through Herr Helgesen. During this time students will have the opportunity to participate in reading aloud, singing German and English songs, journaling, crafts, art, dance, games, and/or computer.
4. Art Club- Is offered by Rilke Clubs through Frau Robertson for 3<sup>rd</sup> - 8<sup>th</sup> graders. Students will participate in art activities guided by Fra Robertson.
5. Ballet - Is offered by Beatriz Lavagnino Ballet for 1-3<sup>rd</sup> grade students for beginning ballet students. If your student signs up for both days you will receive a \$100 discount for the second class.
6. Band Club-Is offered by Rilke Clubs through Frau Hilde for 5<sup>th</sup>-8<sup>th</sup> grade students (4<sup>th</sup> grade on approval). Students may play flute, clarinet, saxophone, trumpet, trombone, or euphonium. Instrument rentals from local music stores are about \$25/month. Students are required to come prepared and submit a weekly video of their playing assignments. This is a yearlong club. Please do not take a spot if you are not committed to having your child participate the full year. Students are required to perform in one concert in December and two in the spring. Please contact Alisha Hilde with any questions at 720-1060. **\*\*Must sign up for Tuesday and Thursday session\*\***
7. Chess Club: Is offered by Rilke Clubs through Frau Ringgenberg. Students will have opportunity to play other children in live games. The website Chess Kid will also be used to help students improve their skills with chess puzzles, videos and online tournaments. Optional weekly online tournaments will be held for interested club members.
8. Drama: Behind the Scenes: (4-8) Is offered by Theatrical Adventures through Frau Keller as an extension to Drama Club on Fridays. First two weeks we will be focusing on warm ups, acting drills, skills building, and improvisation. The third week each student will have an assigned part and we will table read, once confident as a group we will move on to blocking. Followed by props, costumes, and stage practice, etc. We will put on one production each semester twice. There will be a show during school for classmates and one same day in the evening for family and friends.
9. Into the Woods – Is offered by Frau Kvernplassen through Into the Woods LLC. The Into the Woods After School Program at Rilke Schule will offer your child a time to play in the woods, exercise, learn seasonal outdoor skills, and engage in learning about the science behind what we experience in the woods.
10. Kidding Around Yoga (KAY)-Is offered by Kidding Around Yoga. Every Kidding Around Yoga class offers a complete, age-appropriate Yoga, Meditation, and Mindfulness practice including breathing instruction, relaxation techniques, stretching and strengthening poses, all using fun-filled music, games, and imagination. For more information, please go to: <https://kiddingaroundyoga.com/yogi/dietrich/>.
11. Kinderlieder: Is offered by Rilke Clubs through Frau Ringgenberg. Children will learn and sing along with new and familiar German children's songs, many of which are used in the early grades at Rilke Schule. Children will have opportunity to participate with basic percussive and rhythmic instruments.
12. Middle School Drama (M.S. Drama) (6-8) -Is offered by Theatrical Adventures through Frau Keller. First two weeks we will be focusing on warm ups, acting drills, skills building, and improvisation. The third week each student will have an assigned part and we will table read, once confident as a group we will move on to blocking. Followed by props, costumes, and stage practice, etc. We will put on one production each

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semester twice. There will be a show during school for classmates and one same day in the evening for family and friends. **\*\*Must sign up for Monday and Wednesday session\*\***

13. Puppet Theater with skills building (K and 1-2)-Is offered by Theatrical Adventures through Frau Keller. The focus, working with these young actors on their ability to express themselves creatively among their peers. Developing their skills through working together in small groups to put on a puppet show. They will perform this art for their peers, the final product will be recorded and sent out to parents. **\*\*Student must sign up for both sessions\*\***
14. Orchestra - Is offered by Miriah Phelps for new and returning students, **please contact Frau Phelps at [miriahmaymusic@gmail.com](mailto:miriahmaymusic@gmail.com) for approval and a registration code.** Frau Phelps is accepting violin, viola, cello, bass and other string instruments on approval.
15. ORFF- Is offered Rilke Clubs through Herr Downie is a music program that follows the ORFF teaching method. The Orff approach is a method of teaching children about music that engages their mind and body through a mixture of singing, dancing, acting and the use of percussion instruments. **Students must sign up for both days available for their grade level. ORFF will not begin until September 8<sup>th</sup>, 2020.**
16. Reading Club- Is offered by Rilke Clubs through Frau Robertson for 3<sup>rd</sup> & 4<sup>th</sup> graders (Tuesday) and 5<sup>th</sup> & 6<sup>th</sup> graders (Thursday). Students will read and discuss the books on the Battle of the Books lists for their respective grades. After Battel of the books concludes, students will continue to explore and foster a love of reading.
17. Rhythm & Movement - Is offered by Beatriz Lavagnino Ballet for Kindergarten students as an introduction to ballet. If your student signs up for both days you will receive a \$100 discount for the second class.
18. Smart Start- Is offered by Rilke Clubs through Herr Helgesen. The club is housed in the gym and provides an opportunity for students to exercise, work on homework, and engage in cooperative play. **This is a fully integrated combined age class.**
19. Travel Club- Is offered by Rilke Clubs through Frau Robertson and is for 7<sup>th</sup> and 8<sup>th</sup> graders only that have received permission Frau Robinson to join the club. **Travel Club is temporarily postponed due to COVID-19**
20. Urban Bachata– Is offered by Michael Macedo through Dance 2 Music. In this club students will learn to dance the urban Bachata. Originally from the Dominican Republic. Bachata is a Latin partner dance, with lots of body movement, head rolls, and flashy combinations. It is a living dance, with modern Urban Bachata music having a pop influence over the original tropical rhythm. These days there are a lot of American Contemporary songs that have been remixed into Bachata.
21. Violin- Is offered by Miriah Phelps, **please contact Frau Phelps at [miriahmaymusic@gmail.com](mailto:miriahmaymusic@gmail.com) for placement and a registration code.** This club offers beginner, intermediate, and advanced violin group lessons that incorporate fiddle and alternative tunes to the Suzuki Method repertoire. For more information about the Miriah Phelps, please visit their website at: <https://www.miriahmaymusic.com>.
22. West Coast Swing– Is offered by Michael Macedo through Dance 2 Music. In this club students will learn West Coast Swing, a smooth and slotted style of partner dance. It can be danced to almost every kind of groovy music including American Contemporary, R&B, Hip Hop, Lyrical, and Blues. They will also learn to hear rhythm and how to play with musicality.
23. Wu Tan Kung Fu– Is offered by Sifu Kevin Walle from Wu Tan Kung Fu and Tai Chi Institute. Classes introduce and teach the fundamentals of Traditional Chinese Martial Arts in age-appropriate delivery models. Students will learn basics and receive an introduction to Praying Mantis Kung Fu.