

Rilke Clubs

Before and After School Program

Price per day for the Semester

Monday						
Time	Club Name	Grades	Price	Location	Max	Run by
7:00am-7:45am	Smart Start	All	\$ 80.00	Gym	20	Rilke Teacher- Herr Helgesen
3:15pm-4:15pm	Session 1	All	\$ 80.00	Rms:101,106, 203, 217	80	Rilke Teachers- Herr Helgesen, Herr Strauch, 2 vacant
	Mindfulness & Meditation	K-8	\$ 120.00		12	Kidding Around Yoga
	Into the Woods	3-8	\$ 120.00		25	Into the Woods LLC
	Ballet	K-2	\$ 300.00		10	Beatriz Lavagnino Ballet
	Water Color	3-8	\$ 140.00		20	Arctic Crown Canvas
3:15pm-5:15pm	Rilke Outdoor 4-H	2-6	4-H Rate		12	Enroll with 4-H Erin Kirkland e.kirkland0@gmail.com New students registrar at: http://www.alaska4h.org/enroll-now.html
	Drama Club	6-8	\$ 120.00		20	Theatrical Adventures
4:15pm-5:00pm	Session 2	All	\$ 80.00	Outside	80	Rilke Teachers- Herr Helgesen, Herr Strauch, 2 vacant
	Water Color	3-8	\$ 140.00		20	Arctic Crown Canvas
	Yoga	5-8	\$ 120.00		15	Kidding Around Yoga
	Basketball	3-8	\$ 100.00	Gym	25	World Sports League
	Sports Club	K-4	\$ 120.00		25	Into the Woods LLC
5:00pm-6:00pm	Session 3	All	\$ 80.00	101	80	Rilke Teacher- Herr Helgesen

Tuesday						
Time	Club Name	Grades	Price	Location	Max	Run by
7:00am-7:45am	Smart Start	All	\$ 80.00	Gym	20	Rilke Teacher- Herr Helgesen
3:15pm-4:15pm	Session 1	All	\$ 80.00	Rms:101,106,203,217	80	Rilke Teachers- Herr Helgesen, Herr Strauch, 2 vacant
	Multiplikation auf Deutsch	4-6	\$ 80.00		12	Frau Jacobs
	Into the Woods	K-2	\$ 120.00		25	Into the Woods LLC
	Drama Club	K-1	\$ 90.00		15	Theatrical Adventures
	Mindfulness & Meditation	K-8	\$ 120.00		15	Kidding Around Yoga
	Travel Club	7-8	\$ 80.00		40	Frau Robertson
	Soccer Club	6-8	\$ 120.00		20	Club Sports Alaska
4:15pm-5:00pm	Session 2	All	\$ 80.00	Outside	80	Rilke Teachers- Herr Helgesen, Herr Strauch, 2 vacant
	Yoga	K-4	\$ 120.00		12	Kidding Around Yoga
	Basketball	3-8	\$ 100.00	Gym	25	World Sports League
	Sports Club	K-4	\$ 120.00		25	Into the Woods LLC
5:00pm-6:00pm	Session 3	All	\$ 80.00	101	20	Rilke Teacher- Herr Helgesen

Wednesday						
Time	Club Name	Grades	Price	Location	Max	Run by
7:00am-7:45am	Smart Start	All	\$ 80.00	Gym	20	Rilke Teacher- Herr Helgesen
3:15pm-4:00pm	Orchestra	2-4	\$ 165.00		Returning only	Suzuki Violin w/ Rilke Teachers Frau Wilkins (Ends at 4pm)
3:15pm-4:15pm	Session 1	All	\$ 80.00	Rms:101,106, 203, 217	80	Rilke Teachers- Herr Helgesen, Herr Strauch, 2 vacant
	German Learning Game	3-6	\$ 80.00		12	Frau Jacobs
	Into the Woods	K-2	\$ 120.00		25	Into the Woods LLC
	Reading Club	5-6	\$ 80.00	Rm 207	20	Frau Robertson
	Mindfulness & Meditation	K-8	\$ 120.00		15	Kidding Around Yoga
	American Sign Language	All	\$160		20	ASL Concepts
	Soccer Club	K-2	\$ 120.00		20	Club Sports Alaska
3:15pm-5:15pm	Drama Club	2-5	\$ 120.00		15	Theatrical Adventures
4:00pm- 4:45pm	Orchestra	5-8	\$ 165.00		Returning only	Suzuki Violin w/ Rilke Teachers Frau Wilkins (Ends at 4:45pm)
4:15pm-5:00pm	Session 2	All	\$ 80.00	Outside	80	Rilke Teachers- Herr Helgesen, Herr Strauch, 2 vacant
	Yoga	5-8	\$ 120.00		15	Kidding Around Yoga
	Basketball	3-8	\$ 100.00	Gym	25	World Sports League
	Sports Club	K-4	\$ 120.00		25	Into the Woods LLC
5:00pm-6:00pm	Session 3	All	\$ 80.00	101	20	Rilke Teacher- Herr Helgesen
	Girl Scouts - Brownies	2-3	GS Rate	TBD		Register with Girl Scouts

Thursday						
Time	Club Name	Grades	Price	Location	Max	Run by
7:00am-7:45am	Smart Start	All	\$ 80.00	Gym	20	Rilke Teacher- Herr Helgesen
3:15pm-4:15pm	Session 1	All	\$ 80.00	Rms:101,106,203,217	80	Rilke Teachers- Herr Helgesen, Herr Strauch, 2 vacant
	Mindfulness & Meditation	K-8	\$ 120.00		15	Kidding Around Yoga
	Band	5-8	\$ 90.00		20	Frau Hilde
	Into the Woods	K-2	\$ 120.00		25	Into the Woods LLC
	Drama Club	K-1	\$ 90.00		15	Theatrical Adventures
	Reading Club	3-4	\$ 80.00	Rm 207	20	Frau Robertson
	Soccer Club	3-5	\$ 120.00		20	Club Sports Alaska
4:15pm-5:00pm	Session 2	All	\$ 80.00	Outside	80	Rilke Teachers- Herr Helgesen, Herr Strauch, 2 vacant
	Yoga	K-4	\$ 120.00		12	Kidding Around Yoga
	Basketball	3-8	\$ 100.00	Gym	25	World Sports League
	Sports Club	K-4	\$ 120.00		25	Into the Woods LLC
5:00pm-6:00pm	Session 3	All	\$ 80.00	101	20	Rilke Teacher- Herr Helgesen

Friday						
Time	Club Name	Grades	Price	Location	Max	Run by
7:00am-7:45am	Smart Start	All	\$ 80.00	Gym	20	Rilke Teacher- Herr Helgesen
1:45pm-2:30pm	Suzuki Violin	1-4	\$ 165.00		10	Miriah May Music
2:30pm-3:15pm	Suzuki Violin	1-4	\$ 165.00		10	Miriah May Music
1:45pm-3:15pm	Fun Friday	All	\$ 100.00	Gym/Outside	80	Frau Kvernplaussen & German Interns
	Yoga	1-4	\$ 160.00		12	Kidding Around Yoga
	Drama Unleashed!	K-8	\$ 100.00		20	Theatrical Adventures
3:15pm-4:15pm	Session 1	All	\$ 80.00	Rms:101,106, 203, 217	80	Rilke Teachers- Herr Helgesen, Herr Strauch, 2 vacant
	Ballet	K-2	\$ 300.00		10	Beatriz Lavagnino Ballet
	Into the Woods	K-2	\$ 120.00		25	Into the Woods LLC
	Girl Scouts - Brownies	2-3	GS Rate	TBD		Register with Girl Scouts
4:15pm-5:00pm	Session 2	All	\$ 80.00	Outside	80	Rilke Teachers- Herr Helgesen, Herr Strauch, 2 vacant
	Basketball	3-8	\$ 100.00	Gym	25	World Sports League
	Sports Club	K-4	\$ 120.00		25	Into the Woods LLC
5:00pm-6:00pm	Session 3	All	\$ 80.00	101	20	Rilke Teacher- Herr Helgesen

After School Activities Descriptions

1. After school Program - Session 1 - These clubs are offered by Rilke Schule through various Rilke Schule Teachers. During this time students will have the opportunity to complete their homework with the help of a teacher and/or engage in other academic activities. Students will be group by adjoining grade levels.
2. After school Program - Session 2-These clubs are offered by Rilke Schule through various Rilke Schule Teachers. During this time students will have the opportunity to get exercise, play cooperatively with students in various grades, learn or practice seasonally appropriate outdoor games.
3. After school Program - Session 3-These clubs are offered by RSI through Herr Helgesen. During this time students will have the opportunity to participate in reading aloud, singing German and English songs, journaling, crafts, art, dance, games, and/or computer.
4. Ballet - Introduction to Ballet offered by Beatriz Lavagnino Ballet.
5. Band Club-Will be offered by the school through Frau Hilde. This year she will offering saxophone, clarinet, and flute. Other instruments may be available upon approval. This club is open to middle school students only. A registration code will be sent to returning students before registration opens.
6. Basketball - The World Sports League will offer basketball skills, conditioning, cardio for the older kids Basketball style camp with lots of fun activities for the younger kids.
7. Drama Club -Is offered by Frau Keller operated under the company, Theatrical Adventures. She encourage anyone interested in this club to check out the following link https://www.pioneerdrama.com/Script_Preview/BAKERSTREE_6817_Script_Sample.pdf to see an example of a play that has been performed in the past. All lines and scenes will be modified as needed to ensure the best play for all age groups is put together. The club is offered on Monday for 6th-8th grade students and Wednesday for 2nd-5th students for a two-hour period. The plays for the semester and parts available will be announced during club time over the course of the semester.
8. Drama Club (K-1)-Is offered by Frau Keller. Being mindful of the attention span of younger children, Frau Keller is offering a Drama Club on Tuesday and Thursday to develop age appropriate mini-productions. The club is offered in two consecutive parts, so please make sure to register for both.
9. Drama Unleashed (K-8) Is offered by Frau Keller as an extension to Drama Club on Fridays. Students will have the opportunity to participate in improvisation, costume design, face painting, lighting, scenery design, and much more.
10. German Learning Games - Will be offered by SamstagsSchule by the Director Gensine Metzger-Jacobs. The club will focus on practicing German vocabulary and grammar, but also explore German culture. Students will play a variety of card, board and co-operation games in German. Games will keep the skill level and age of the students in mind. Wer ist dran? Du bist dran!
11. Into the Woods, LLC - Would like to offer a nature-based bilingual club (Spanish and English) called "Into the Woods". The club will be much like our summer camps: we will go outside every day (except when it is too cold per ASD rules) as naturalists, observing nature by asking questions about what we see and writing down our findings in notebooks; we will use all mediums to represent what we have discovered-found art from the woods, traditional art both outside and in, and writing. This camp will be conducted mostly in Spanish-English will be used for safety meetings and disseminating important information, otherwise, we will learn about Nature through the Spanish language. There will be a brief grammar component and vocabulary lesson in part of the club each day so that children learn how to write and speak correctly, but we will focus on experiential learning. In addition to acting as naturalists in the woods behind Rilke, we will also learn important outdoor survival and safety skills: we will build shelters, filter water, learn how to stay warm, and much more. This club will include art, Spanish, games, sports, exercise, nature, and science. We will be either in a room at Rilke, or hopefully outside in the nature behind Rilke for the majority of the club. Each week will feature a different science topic, and new outdoors skills topic relevant to the season.
12. ORFF- Offered through Herr Downie will be added in the Fall once the instructor's availability is confirmed. Please sign-up for clubs as needed. When the Orff is available for registration, the club manager will be able to adjust your club schedule.

13. Orchestra-This club is offered through Frau Wilkins Suzuki program and is only open to students that played in the Orchestra or violin last year or with express permission from Frau Wilkins. A registration code will be sent to returning students before registration opens.
14. Mindfulness and Meditation - This is a Kidding Around Yoga class for beginning yogis K-2 with extra time for meditation and mindfulness practice (includes 20-30 minute meditation/relaxation break). Club is offered Mondays, Tuesdays, and Thursdays and is open to New and Returning Kindergarten through 2nd grade students. (Club will have different practice than 4:15pm KAY Club, so yogis attending multiple sessions will not have repeated class in the same day and they will have time for a short comfort break for water/snack/bathroom between clubs.)
15. Reading Club-These clubs are offered by Rilke Schule by Frau Robertson. Students will read and discuss the books on the Battle of the Books lists for their respective grades.
16. Rilke Outdoor 4-H - 4-H empowers youth to reach their full potential, working and learning in partnership with caring adults. The decades-old slogan of “Learn By Doing” and the core values of Head, Heart, Hands, Health are at the center of everything club members do, and leaders teach. (Read more about 4-H and its interesting history here: <http://www.alaska4h.org/about-4-h.html>).
17. Smart Start-This club is offered by Rilke Schule through various Rilke Schule teachers. The club is housed in the gym and provides an opportunity for students to exercise, work on homework, and engage in cooperative play.
18. Soccer Club- Club Sports Alaska Is offering an indoor soccer club for all ages.
19. Sports Club- Sports club is offered by Into the Woods LLC. This club is about teaching kids fundamentals of soccer and having fun learning to be a teammate and playing sports outside. As it snows or weather changes, we adjust the sports accordingly, embracing winter, but we will continue to get exercise and have fun!
20. Suzuki Violin- This club offers beginner violin group lessons based on the Suzuki Method. Whether you’re a complete beginner or have some experience, learn proper playing technique, playing by ear and reading music. This class also incorporates fiddle and alternative tunes to the Suzuki Method repertoire. Offered by Miriah Phelps and open to new students. Miriah Phelps public contact info for private lessons: <https://www.miriahmaymusic.com>
21. Travel Club-This club is offered through Rilke Schule by Frau Robertson and is for 8th graders only that have received permission Frau Robinson to join the club.
22. Water color - Will be offered by Arctic Crown Canvas. Students will have the opportunity to create a variety of water color painting over the course of the semester.
23. Yoga-Every Kidding Around Yoga class offers a complete, age-appropriate Yoga, Meditation, and Mindfulness practice including breathing instruction, relaxation techniques, stretching and strengthening poses, all using fun-filled music, games, and imagination.

This list is subject to change